



Confidence is knowing you are ready.

Since 1971, the **IMPACT Defense System™** has been the leading innovator in personal safety training in the country. We have specialized curriculums to train adults, teens, children and special needs individuals who are blind or otherwise physically challenged.

Nationally recognized safety experts and trauma recovery specialists have identified **IMPACT** as effective in teaching the skills necessary for violence prevention.



**Professional Defense Training Group**

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SELF-DEFENSE FOR CORPORATIONS

TRAIN. EQUIP. PROTECT.

SELF-DEFENSE PROGRAMS  
DESIGNED FOR  
CORPORATE ORGANIZATIONS



PROFESSIONAL DEFENSE  
TRAINING GROUP



## PROFESSIONAL DEFENSE TRAINING GROUP

As unfortunate as it is, critical incidents do occur in the work place. From hospital staff members dealing with emotionally stressed patients and families, to realtors showing homes to individuals for the first time, to corporate executives traveling in foreign countries, or just walking to your car after work. **Professional Defense Training Group** drives home the essentials of self-protection in a way that no booklet or talk can. All of our programs are designed to build awareness, skill and confidence.

We will custom tailor a **PDT System™** or **IMPACT Defense System™** program to suit the needs of your employees. Our ability to customize programs to the needs of individual organizations is just one of the things that set us apart.

We also address concerns about situations that may arise during travel, from problems with taxi or shuttle drivers to the dangers faced in hotels. The skills we teach are effective in every situation, work, school, travel and social occasions.

## TRAIN. EQUIP. PROTECT.

Our programs emphasize awareness and avoidance skills as the first line of defense. In addition, your staff will learn skills in:

- ▲ Personal safety
- ▲ Effective communication during verbal conflict
- ▲ Conflict resolution
- ▲ How to respond to uncomfortable or inappropriate behavior
- ▲ Physical intervention skills

**On-site training is available.**